

OBC 25M 2025: Session: 5: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Claes Steven

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 100M BUTTERFLY WOMEN					Heat:5, starttime: 09:05
Heat: 5/5 Lane : 2 Athlete: CIOBANU ANASTASIA					Q-time: 01:04:89
PB (25m pool): 1:04.89 Gent 9 Nov 2024					PB (50m pool): 1:05.12 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		30.52		1:04.89	
		30.52		34.37	
					

Coach feedback:

Event number: 35: 50M BUTTERFLY MEN					Heat:2, starttime: 09:50
Heat: 2/6 Lane : 8 Athlete: SEGHERS MICHIEL					Q-time: 00:26:65
PB (25m pool): 26.65 Leuven 12 Oct 2025					PB (50m pool): 27.13 SB:
	2 5 M	5 0 M			
PB		26.65			
		26.65			
					

Coach feedback:

Event number: 36: 200M MEDLEY WOMEN							Heat:1, starttime: 09:55
Heat: 1/3 Lane : 6 Athlete: CIOBANU ANASTASIA							Q-time: 02:25:20
PB (25m pool): 2:25.20 Gent 9 Nov 2024							PB (50m pool): 2:28.71 SB:
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5 2 0 0 M
PB		31.39		1:09.17		1:51.95	2:25.20
		31.39		37.78		42.78	33.25
							

Coach feedback: